

MONDAY

- Beef Goulash
Creamy Mash
£1.55
-
- Fresh Seasonal Vegetables
25p
-
- Crunchy
Vegetable Bake
with
Crusty Bread
£1.55

TUESDAY

- Turkey & Bacon Pie
Creamed Potatoes
£1.55
-
- Fresh Seasonal Vegetables
25p
-
- Vegetable
Tikka
with Rice
£1.55

WEDNESDAY

- Roast Pork
Apple Sauce & Gravy
with New Potatoes
& Vegetable of the Day
£2.05
-
- Fresh Seasonal Vegetables
25p
-
- Savoury Cheese
Quiche with Salad
£1.55

THURSDAY

- Lasagne
with
Garlic Bread
£1.55
-
- Fresh Seasonal Vegetables
25p
-
- Stir-Fried Vegetables
with
Crusty Bread
£1.55

FRIDAY

- Cod in Batter
1/2 Portion Chips
Peas or Beans
£1.55
-
- Fresh Seasonal Vegetables
25p
-
- Jumbo Sausage
in
Baguette
£1.25

ALSO AVAILABLE

MAIN CHOICE

- Main Choice with Vegetables £2.05
- Meal Deals £2.05
- Super Bowls £1.55
- Hot Dessert with Custard 60p
- Daily Vegetable Choice 25p

PLOUGHMAN'S

- Daily Ploughman's £1.55

PASTAS AND SALADS

- Basic Mixed Salad - small 55p
- Plated Plain Salad £1.00
- Daily Salad Special £1.55

HOT AND COLD DESSERTS

- All homemade Cakes and Tray bakes 65p
- Hot Dessert with Custard 60p
- Cookies 60p
- Homemade Biscuits from 45p
- Fresh Fruit Bags 60p
- Fresh Fruit Platters 95p
- Fresh Fruit portion from 40p
- Yoghurt 55p
- Fruit Mousse 50p

BREAD BASKET

- All available daily with a variety of fillings
- Sandwiches, Rolls, Baps (granary or white) from 70p - £2.05
 - Hot & Cold Baguettes or French Sticks from £1.15 - £1.30
 - Hot & Cold Wraps and Pitta Pockets from £1.00 - £1.30
 - Mediterranean Breads and Bagels from 85p - £1.30
 - Garlic Bread 40p
 - Plain Naan Bread 75p
 - Croissants from 55p - 75p
 - Crumpets from 50p - 65p
 - Muffins from 65p - 90p

JACKET POTATOES

- Jacket Potato - plain 65p
- Jacket Potato - plain with butter 75p
- Jacket Potato - with one choice of filling £1.20
- Additional fillings - each 55p

SAVOURY SNACKS

- Mizzizzling Chicken in a Bun £1.10
- Fresh Burger in a Bap £1.10
- Pizza from 85p - 95p
- Jumbo Sausage 85p
- Sausage Roll - small 60p - 85p
- Hot Pies, Pasties incl. Vegetarian from 85p
- Cheese Savouries hot and cold from 85p

COLD BEVERAGES

- Milk Carton 20p
- 1 Pint Milk Carton 40p
- Calypso - small pot 25p
- Abbeywell - Fruit sparkling or still 65p
- Calypso Mineral Water - small 45p
- Calypso Orange Juice Carton 65p
- Refresher (ice drink) 60p
- Oranka Orange Juice 30p - 70p
- Yazoo flavoured Milk - 500ml 60p
- Aquajuce - sparkling or still 200ml 65p
- Tropicana Go - bottle 200ml 50p
- Excite - bottle 300ml 50p
- Really Wild - can 200ml 50p
- Fruit Shoot 1005 Juice bottle 80p
- Orange Juice 100% - can 330ml 80p
- Coffee 55p
- Cappuccino 55p
- Hot Chocolate 55p