



SUMMER 2011 WEEK 1

MONDAY

Chicken and Tomato Pasta  
Tomato & Herb Bread  
Crunchy Green Salad  
Sweetcorn  
*(v) Homemade Country Vegetable Flan*  
Fruit Yoghurt

PACKED LUNCH OPTION  
Tuna & Cucumber Sandwich  
2 Cherry Tomatoes  
Box Raisins  
Frozen Yoghurt  
Fruit Cuplet

TUESDAY

Sausages with Yorkshire Pudding and Gravy  
Mashed Potatoes  
Cauliflower and Peas  
*(v) Potato and Vegetable Sausage*  
Toffee Cream Tart

PACKED LUNCH OPTION  
Sausage Sandwich  
Fresh Carrot Batons  
Small Orange Energy Bar  
Milk Drink

WEDNESDAY

Pasta Bolognese with Cheese  
Homemade Garlic Bread  
Mixed Vegetables  
*(v) Homemade Vegetable and Potato Bake*  
Carrot and Orange Cake with Ice Cream

PACKED LUNCH OPTION  
Cheese Sandwich  
Celery Sticks  
Small Apple  
Carrot and Orange Cake  
Fruit Cuplet

THURSDAY

Roast Chicken with Stuffing and Gravy  
Roast Potatoes  
Carrot and Swede Mix  
Broccoli  
*(v) Homemade Shepherdess Pie*  
Apple Crunch with Custard

PACKED LUNCH OPTION  
Chicken Sandwich  
Cucumber Wedge  
Fruit Bag  
Strawberry Cheesecake  
Fruit Cuplet

FRIDAY

Fish Fingers   
Chipped Potatoes  
Peas  
Coleslaw  
*(v) Jacket Potato with Cheese*  
Chocolate Crunch with Milk Drink

PACKED LUNCH OPTION  
Egg & Cress Sandwich  
Vegetable Medley Bag  
Melon Wedge  
Chocolate Crunch  
Milk Drink

2nd May, 6th June, 4th July, 12th September, 10th October

WEEK 2

Homemade Margherita Pizza  
Tomato Pasta  
Sweetcorn  
Peas  
*(v) Homemade Spaghetti Neopolitan*  
Strawberry Frozen Yoghurt

PACKED LUNCH OPTION  
Salmon & Cucumber Sandwich  
2 Cherry Tomatoes  
Box Raisins  
Strawberry  
Frozen Yoghurt  
Milk Drink

Turkey Curry  
Steamed Rice  
Naan Bread  
Mixed Vegetables  
*(v) Homemade Sweet & Sour Vegetables*  
Welsh Cheesecake with Custard

PACKED LUNCH OPTION  
Ham Sandwich  
Fresh Carrot Batons  
Fruit Yoghurt  
Welsh Cheesecake  
Fruit Cuplet

Beef Steaklette in a Homemade Roll  
Jacket Wedges  
Summer Salad  
Coleslaw  
*(v) Vegetable Grill in a Roll*  
Shortbread Biscuit with Milk Drink

PACKED LUNCH OPTION  
Cheese Sandwich  
Celery Sticks  
Small Apple  
Shortbread Biscuit  
Fruit Cuplet

Roast Pork with Apple Sauce and Gravy  
Roast Potatoes  
Carrots and Cabbage  
*(v) Homemade Vegetable Hot Pot*  
Peach & Apple Crumble with Custard

PACKED LUNCH OPTION  
Chicken Sandwich  
Cucumber Wedge  
Fruit Bag  
Chocolate Cupcake  
Milk Drink

Alaskan Salmon Bake  
Chipped Potatoes  
Peas  
Baked Beans  
*(v) Jacket Potato with Cheese*  
Krackolet with Milk Drink

PACKED LUNCH OPTION  
Egg & Cress Sandwich  
Vegetable Medley Bag  
Melon Wedge  
Krackolet  
Milk Drink

9th May, 13th June, 11th July, 19th September, 17th October

WEEK 3

Hot Dog in a Homemade Roll  
Parmentier Potatoes  
Coleslaw  
Peas  
*(v) Homemade Cheese Quiche*  
Fruit Yoghurt

PACKED LUNCH OPTION  
Tuna & Cucumber Sandwich  
2 Cherry Tomatoes  
Box Raisins  
Frozen Yoghurt  
Fruit Cuplet

Pasta Bolognese with Cheese  
Homemade Garlic Bread  
Mixed Vegetables  
*(v) Homemade Shepherdess Pie*  
Lemon Surprise Pudding with Custard

PACKED LUNCH OPTION  
Sausage Sandwich  
Fresh Carrot Batons  
Small Orange Energy Bar  
Milk Drink

Chicken and Vegetable Pie with Gravy  
Baby Boiled Potatoes  
Carrots and Cabbage  
*(v) Cheese & Vegetable Grill*  
Fruit Jelly with Summer Whip

PACKED LUNCH OPTION  
Cheese Sandwich  
Celery Sticks  
Small Apple  
Carrot and Orange Cake  
Fruit Cuplet

Roast Turkey with Stuffing and Gravy  
Roast Potatoes  
Green Beans  
Cauliflower  
*(v) Homemade Vegetable Plait*  
Chelsea Bun with Milk Drink

PACKED LUNCH OPTION  
Chicken Sandwich  
Cucumber Wedge  
Fruit Bag  
Strawberry Cheesecake  
Fruit Cuplet

Fish Fingers   
Chipped Potatoes  
Peas  
Spaghetti Hoops  
*(v) Jacket Potato with Cheese*  
Strawberry Frozen Yoghurt

PACKED LUNCH OPTION  
Egg & Cress Sandwich  
Vegetable Medley Bag  
Melon Wedge  
Chocolate Crunch  
Milk Drink

16th May, 20th June, 18th July, 26th September

WEEK 4

Homemade Margherita Pizza  
Jacket Wedges  
Coleslaw  
Peas  
*(V) Vegetable Grill*  
Strawberry Cheesecake

PACKED LUNCH OPTION  
Salmon & Cucumber Sandwich  
2 Cherry Tomatoes  
Box Raisins  
Strawberry  
Frozen Yoghurt  
Milk Drink

Sweet & Sour Chicken  
Steamed Rice  
Broccoli  
Sweetcorn  
*(v) Homemade Quorn Curry*  
Macaroon Tart with Custard

PACKED LUNCH OPTION  
Ham Sandwich  
Fresh Carrot Batons  
Fruit Yoghurt  
Welsh Cheesecake  
Fruit Cuplet

Pork Patties Lyonnaise  
Parmentier Potatoes  
Cauliflower  
Mixed Vegetables  
*(v) Homemade Cheese & Potato Pie*  
Chocolate Cupcake with Milk Drink

PACKED LUNCH OPTION  
Cheese Sandwich  
Celery Sticks  
Small Apple  
Shortbread Biscuit  
Fruit Cuplet

Roast Beef with Yorkshire Pudding and Gravy  
Roast Potatoes  
Carrots  
Cabbage  
*(v) Potato and Vegetable Sausage*  
Fruit with Summer Whip

PACKED LUNCH OPTION  
Chicken Sandwich  
Cucumber Wedge  
Fruit Bag  
Chocolate Cupcake  
Milk Drink

Lemon Sole Fillet  
Chipped Potatoes  
Peas  
Baked Beans  
*(v) Jacket Potato with Cheese*  
Energy Bar with Milk Drink

PACKED LUNCH OPTION  
Egg & Cress Sandwich  
Vegetable Medley Bag  
Melon Wedge  
Krackolet  
Milk Drink